



# TAITO CITY LIFE NEWS

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4-5-6 Higashi-Ueno, Taito-ku 110-8615, Tel: 03-5246-1116

[https://www.city.taito.lg.jp/kurashi/foreigner/jigyoannai/life\\_news.html](https://www.city.taito.lg.jp/kurashi/foreigner/jigyoannai/life_news.html)

The City Office offers multilingual interpretation services via tablet devices. Please inquire about this at the service window you visit for procedures.

The hours these services are available differ depending on the language.

<https://www.city.taito.lg.jp/kurashi/foreigner/sodan/sodan.html>

Supported languages: English, Chinese, Korean, Spanish, Portuguese, Vietnamese, Nepali, Filipino (Tagalog), Thai, French, Russian, Hindi, Indonesian, Khmer, Burmese and Malay.



Please check the hours these services are available here



## About National Health Insurance

### The National Health Insurance System

- Foreign nationals who will be staying in Japan for more than three months must join a public health insurance system such as National Health Insurance (NHI). If you have not enrolled in a public health insurance system yet, please contact the city office. (Depending on your status of residence, you may not be eligible for NHI.)
- We will send you information via postal mail once you complete the enrollment procedure.
- Be sure to write your room number and names of all the people in your household as noted on your mailbox.

### File a notification whenever there are changes such as:

- When you move within Japan or move out of Japan
- When you enroll in health insurance at your workplace

### Integration of My Number cards and health insurance cards

- Health insurance cards were integrated into the My Number card on December 2, 2024. However, the health insurance card you already have is valid until its expiration date.  
Please visit the website for more information.

**Inquiries:** Eligibility Subsection, National Health Insurance Section

**Tel:** 03-5246-1252



### Pay your health insurance premiums

- After you complete enrollment procedures, payment slips stating your health insurance premiums will be mailed to your home. Please bring the payment slip with you and pay at a bank or convenience store by the deadline.
- If you are unable to pay your premiums for some reason, please consult the city office as soon as possible. If you do not pay, you may be unable to use your health insurance card, etc., and your assets such as your savings and salary may even be seized. It may also affect your visa renewal status.
- You can pay National Health Insurance premiums via bank transfer. Please contact us if you would like to do so.

**Inquiries:** Health Insurance Premium Subsection, National Health Insurance Section

**Tel:** 03-5246-1256

## Higher Vocational Training Promotion Loan Program for Single-Parent Households

Interest-free loans are available to single parents to help them pay the entrance fees for vocational schools and to prepare for finding employment after they acquire qualifications.

**Note:** If you find a job in Tokyo that requires the qualification you acquired within one year of acquiring it, and continue to work in that job for five years, you will be exempt from repaying the loan after completing a certain procedure.

**Entrance fees:** Up to 500,000 yen (covers fees for admission, learning materials, transportation, etc.)

**Employment preparation fees:** Up to 200,000 yen (covers fees for moving, uniforms, commuting, etc.)

**Eligibility:** Single parents who are raising a child under twenty years of age (must meet the requirements below).

- (1) Individuals who receive the Taito City training promotion allowance
- (2) Individuals who are expected to be exempt from repaying the loan (please see the note at left)

There are other minor requirements, so please contact the city office for more information.

**Inquiries:** Daily Life Support Desk, Taito City Council of Social Welfare

**Tel:** 03-5828-7547



# Please Pay Your Resident Tax

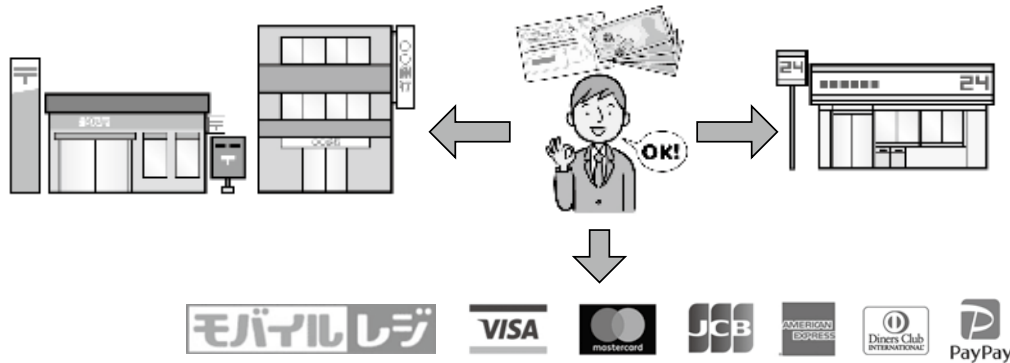
You must pay resident tax to Taito City regardless of your nationality if you have earned an income during the previous year and have lived in Taito City for one year or longer, are planning to live in Taito City for one year or longer, or were registered as a resident of Taito City as of January 1 of the current year.

Tax payment slips are divided into four installments per year, and mailed in June. This excludes salaried employees whose employers deduct taxes from their pay every month.

## Payment Methods

In addition to financial institutions such as banks and post offices, you can pay at convenience stores listed on the back of slips with barcodes.

If you have a smartphone, you can also pay through apps such as Mobile-Regi (using a credit card or Internet banking) and PayPay.



## If You Are Having Difficulty Paying Your Taxes

If you are having financial difficulties due to illness, leaving a job or business losses that make it hard for you to pay your taxes on time, please call the number below for advice right away. We will tell you about your payment options, such as paying in installments.

## If You Fall Behind in Your Payments

If you fail to pay your taxes by the deadline, we will send you a reminder. If you do not pay within ten days after the reminder is sent, we will conduct an investigation according to law concerning your assets—such as your savings, salary, real estate and life insurance. We may be forced to take measures such as seizing your assets to cover the amount you still owe.

If you do not pay your resident tax, the Immigration Services

Agency may not approve your application for extension of period of stay or the like.

## Payment & Consultation Service Counter

### ● Service Hours

**Days and times:** Monday through Friday, 8:30 a.m. to 5 p.m. (until 7 p.m. on Wednesdays)

**Location:** Collection Section (No. 9 service counter, Taito City Office 3F)

### ● Sunday hours

**Day and time:** Second Sunday of the month, 9 a.m. to 5 p.m.

**Location:** Family Registration Residents' Service Section (No. 2 service counter, Taito City Office 1F)

**Inquiries:** Collection Section, **Tel:** 03-5246-1107

# Follow the Rules When Using Parks!

- 1 Do not litter**
- 2 Ball sports are only permitted in the sports corner**
- 3 Do not let your pets run freely, and always clean up after your pet**
- 4 Do not feed pigeons, cats and other stray/wild animals**
- 5 Do not make loud noises or talk loudly in the morning and at night**
- 6 Fireworks, barbecues and other activities that require fire are not permitted**
- 7 Smoking is prohibited in the children's playground and other areas where children gather**

Please visit the website for more information (use the code at right).



**Inquiries:** Park Section  
**Tel:** 03-5246-1321

# Ask Questions 24/7!

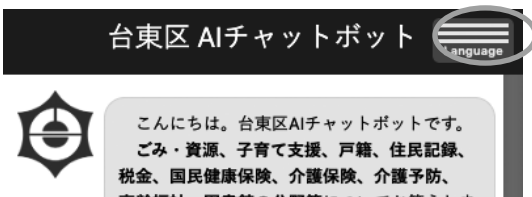
## ▶ Try the AI Chatbot

### How to Use

- (1) Click the mark at the bottom right of the Taito City website.



- (2) Click the "Language" button on the upper right of the page that opens. Choose your preferred language.



- (3) Ask a question.

**Languages available:** English, Chinese (simplified and traditional), Korean, Vietnamese, Filipino (Tagalog), Nepali, Thai, French, Burmese, Uzbek, Indonesian, Russian, Mongolian, Ukrainian

**Inquiries:** Public Relations Section

**Tel:** 03-5246-1023

## Please Have a Look at the Taito City Newsletter



Various notifications from the Taito City Office are written in the Taito City newsletter.

The newsletter can be viewed in various languages, such as English, Chinese (simplified and traditional),

Korean, Thai, and Indonesian if viewed from the city website or smartphone application "Catalog Pocket."

**Note:** To read via Catalog Pocket, search for "Taito City" after scanning the two-dimensional code and downloading the app.

### Inquiries:

Public Relations Section

**Tel:** 03-5246-1021



Android



iOS

## Taito City's Website Is Viewable in Various Languages

The Taito City website can be viewed in 109 languages.

**Languages:** English, Chinese (simplified and traditional), Korean, French, Indonesian, Malay, Thai, etc.

### ▶ Procedure

1. Click the "Foreign Language" button on the upper right side of the website

"Foreign Language" button



2. Choose a language

**Inquiries:** Public Relations Section, **Tel:** 03-5246-1021


## View the Taito City Official YouTube Channel

The public relations programs (news) and other videos the city produces are streaming on YouTube. You can display subtitles using YouTube's automatic translation function:



- (1) Click on the caption  button on the bottom right of the video.



- (2) Click on the  button, click on "Subtitles/CC," and then select "automatic translation" and choose a language.



### Notes:

1. Only English-language translations are available when playing videos on smartphones and the like.
2. Since the channel uses YouTube's automatic translation function, the translation may not be accurate.
3. Depending on the video, the automatic translation function may not be available.

**Inquiries:** Public Relations Section, **Tel:** 03-5246-1041

## Service Counters Open on Second Sundays for Partial Services

**Hours:** 9 a.m. to 5 p.m.

**Location:** Taito City Office 1F

**Services available:**

- ⊙ Matters related to family registry notifications
- ⊙ Issuance of residence records, personal seal registration certificates, and family registry certificates
- ⊙ Matters related to notifications of moving in/out and National Health Insurance enrollment
- ⊙ Matters related to personal seal registration and annulment
- ⊙ Payments for taxes or health insurance premiums and matters related to motorcycle registration
- ⊙ Matters related to various childrearing allowances and medical subsidies for children
- ⊙ Matters related to applications for and issuance of Individual Number cards
- ⊙ Matters related to applications for and issuance of special permanent resident certificates
- ⊙ Consultation on tax payments and health insurance premiums
- ⊙ Matters related to issuance of residence tax (tax exemption) certificates
- ⊙ Matters related to issuance of a *Mother and Child Health Handbook*
- ⊙ Sales of one-month ticket, coupon tickets and one-day ticket for the Taito City Circular Route Bus, Megurin

## Searching for a Hospital?

◇ **Phone**

You can search for a hospital through Himawari—the Tokyo Metropolitan Health & Medical Information Center.

**Languages:** English, Chinese, Korean, Thai and Spanish

**Hours:** 9 a.m. to 8 p.m. **Tel:** 03-5285-8181

◇ **Online**

You can search for a hospital through the Medical Information Net (NABII).

(Available in English, Chinese and Korean.)  
<https://www.iryou.teikyouseido.mhlw.go.jp>



You can also access the website by scanning this code.

## Taito City Night & Holiday Children's Clinic

Medical treatment is available for children fifteen years of age or younger for sudden illnesses that can be handled without hospitalization.

**Location:** Inside Eiju General Hospital, 2-23-16 Higashi-Ueno, Taito-ku

**Tel:** 03-3833-8381

**Note:** Please come to the emergency reception desk on the first floor.

**Hours:**

- Monday through Saturday (except on national holidays and during the yearend/New Year's holidays): 6:45 to 9:45 p.m. (treatment from 7 to 10 p.m.)
- Sundays, national holidays, *Obon* holidays (August 14–16), and during the year-end/New Year's holidays (December 29 to January 3): 8:45 a.m. to 9:45 p.m. (treatment from 9 a.m. to 10 p.m.)

**Note:** Since you may be directed to a specialized medical facility, please be sure to call in advance.



You can also access the website by scanning this code.

**Inquiry hours:** 8:30 a.m. to 5 p.m. except for Saturdays, Sundays, national holidays and during the year-end/New Year's holiday period (unless otherwise stated)

## Some Service Counters Have Extended Hours on Wednesdays

**Extended hours:** Until 7 p.m.

**Available service counters:**

Taito City Office (4-5-6 Higashi-Ueno, Taito-ku)

1F: ⊙ Family Registration Residents' Service Section

2F: ⊙ Nursing Care Insurance Section

⊙ Senior Citizens' Welfare Section

⊙ Handicapped Welfare Section

⊙ National Health Insurance Section

3F: ⊙ National Pension Subsection, Residents' Affairs Section

⊙ Collection Section ⊙ Tax Administration Section

6F: ⊙ Child-Rearing & Youth Support Section

⊙ After-School Affairs Subsection ⊙ Child Care Section

**Residents' Offices**

⊙ Seibu (West) Residents' Office (3-1-30 Shitaya, Taito-ku)

⊙ Nambu (South) Residents' Office (1-10-12 Kotobuki, Taito-ku)

⊙ Hokubu (North) Residents' Office (4-48-1 Asakusa, Taito-ku)

## Those Who Want to Study Japanese

There are volunteer groups in Taito City that will help you study the Japanese language. You don't need to register or make a reservation; just check the schedule and show up at the time and place the group is meeting. For more information, please visit the city website.

**Note:** We are also recruiting Japanese-language instructors and other staff.



Please scan this code for more details.

## Consultation about Life in Japan

▶ **Foreign Residents' Consultation Center**

If you have any problems or concerns, please feel free to consult the Foreign Residents' Consultation Center.

You can talk to a consultant directly on the following days.

Language	Days	Hours
Chinese	First, second and third Thursdays	10 a.m. to noon
English	First and third Thursdays	10 a.m. to noon
Korean	First and third Thursdays	2 to 4 p.m.

**Location:** Residents' Consultation Office (Taito City Office 1F)

**Inquiries:** Residents' Consultation Office, Residents' Counseling Section

**Tel:** 03-5246-1025

# Short-Term Childcare

Mothers and fathers, would you like to take a break?

We provide childcare services by the hour. (Note: the service is available regardless of the reason, such as work.)

<b>Eligibility</b>	Healthy children from six months of age up until the age of six/enrollment in elementary school who live in Taito City and can participate in group activities
<b>Capacity</b>	Ten children per hour Note: In addition to the above, Horai Childrearing Support Center has two spots for children under one year of age (must be at least six months of age).
<b>Available days and hours</b>	9 a.m. to 5 p.m. on all days except January 1 to 3 Note: Monday to Friday, 10 a.m. to 4 p.m. (excluding national holidays and December 29 to January 3) for the service for children under one year of age at Horai Childrearing Support Center (up to four hours per use)
<b>Usage limit</b>	Eight times per month per child
<b>Fees</b>	500 yen per hour There is a separate fee for lunch (400 yen) and snacks (100 yen) required. Notes: Lunches and snacks are not provided at Yanaka Child/Family Assistance Center, so if you are using this facility please pack lunch and snacks for your child. Pack baby food and milk if your child will be using the service for children under one year of age at Horai Childrearing Support Center.
<b>Application period</b>	The first of the month before the desired date of use until the day of use.
<b>Locations</b>	(1) Horai Childrearing Support Center (Social Welfare Corporation Seihokai) Address: Welfare Plaza Seihokai 2F, 2-14-7 Kiyokawa, Taito City (2) Yanaka Child/Family Assistance Center Address: Short-Term Childcare Room (1F), 2-9-21 Yanaka, Taito City
<b>Other</b>	You must register in advance. Please call the relevant number below for more information.

## Inquiries:

Horai Childrearing Support Center, **Tel:** 03-5824-5624

Yanaka Child/Family Assistance Center, **Tel:** 03-3824-5531



# Short-Term Childrearing Support

## Short Stay, Twilight Stay, Infants and Toddlers Short Stay

Temporary childcare can be provided for parents having difficulty taking care of their children due to work or illness.

	Infants and Toddlers Short Stay	Short Stay	Twilight Stay
<b>Eligibility</b>	Children under two years of age who live in Taito City	Children between 2 and 18 years of age (up to the first March 31 after 18th birthday), who live in Taito City, are healthy, and can participate in group activities	Children between two years of age and the sixth grade of elementary school who live in Taito City, are healthy, and can participate in group activities
<b>Usage limit</b>	Up to 7 days (7 days, 6 nights) per month	Up to 7 days (7 days, 6 nights) per month Note: Excluding January 1 to 3	Up to 30 days per every 6 months Note: Excluding January 1 to 3
<b>Fees</b>	For the first night (2 days, 1 night; meals included): 6,000 yen Notes: 1. The cost is 3,000 yen per night for subsequent days. 2. Exemption/reduction programs are available.		5 to 10 p.m. 2,000 yen per use (meals included) Note: Exemption/reduction programs are available.
<b>Locations</b>	Japan Red Cross Medical Center and Pediatric Hospital Address: 4-1-1 Hiroo, Shibuya City	Children's Home Christmas Forest Address: 8-14-10 Arakawa, Arakawa City	Horai Childrearing Support Center Address: Welfare Plaza Seihokai 2F, 2-14-7 Kiyokawa, Taito City
<b>Other</b>	You must register in advance.	You must register and apply in advance.	

## Inquiries:

Nihonzutsumi Child/Family Assistance Center, **Tel:** 03-5824-1565




# Childrearing Consultation Is Available

Advice on childrearing is available at Child/Family Assistance Centers. You may be able to receive support depending on your situation. Consultation services are available in person, by phone, or email.

In addition, the Center conducts enjoyable events for families, and also offers lectures by specialists.



	Nihonzutsumi Child/Family Assistance Center	Taito Child/Family Assistance Center	Kotobuki Child/Family Assistance Center	Yanaka Child/Family Assistance Center
<b>Location</b>	2-25-8 Nihonzutsumi, Taito City	1-25-5 Taito, Taito City	1-10-10 Kotobuki, Taito City	2-9-21 Yanaka, Taito City
<b>Tel</b>	03-5824-2571	03-3834-4497	03-3841-4631	03-3824-5540
<b>Email</b>	You can also ask for advice via the Taito City website.			
<b>Hours</b>	In person (reservations required) and by phone: 9 a.m. to 5 p.m. (Monday through Saturday) Email: On a 24-hour basis			

## About Children Halls

Children halls are facilities for kids up to eighteen years of age and their parents/guardians that offer playrooms and library rooms. They're fun places to spend time together.

Opening hours are from 9:30 a.m. to 6 p.m.; closed on Sundays and national holidays (excluding May 5).

Name	Location	Telephone
Senzoku Children Hall	3-20-6 Senzoku, Taito City	03-3874-1714
Tamahime Children Hall	2-22-13 Kiyokawa, Taito City	03-3874-6571
Taito Children Hall	1-11-5 Taito, Taito City	03-3832-8493
Ikenohata Children Hall	2-3-3 Ikenohata, Taito City	03-3823-6644
Matsugaya Children Hall	4-15-11 Matsugaya, Taito City	03-3841-6734
Imado Children Hall	1-3-6 Imado, Taito City	03-3876-1656
Kotobuki Children Hall	1-4-5 Kotobuki, Taito City	03-3844-8602
Yanaka Children Hall	5-6-5 Yanaka, Taito City	03-3824-4043

**Inquiries:** After-School Affairs Subsection, Child Care Section, **Tel:** 03-5246-1235  
Children Division, Taito City Social Welfare Corp., **Tel:** 03-5603-2229



## About the Taito City Consumer Life Center

### Ask for advice in these situations!

- I encountered a problem or felt something was off when signing a contract or shopping.
- If you are billed for something you didn't purchase
- If an accident occurs when using a product

### ● Who can use this service?

Anyone who lives, works or goes to school in Taito City

### ● Consultation days and hours

Monday to Friday (excluding national holidays and the year-end/New Year's holidays)

9 a.m. to 4 p.m.

### ● Consultation procedures

Call or come to the Taito City Consumer Life Center

**Tel:** 03-5246-1133

**Location:** Residents' Counseling Section (No. 7 service counter, Taito City Office 9F)

● Consultation is free of charge. All matters are kept strictly confidential.

### **Inquiries:**

Consumer Desk, Residents' Counseling Section

**Tel:** 03-5246-1144

