



TAITO CITY LIFE NEWS

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4-5-6 Higashi-Ueno, Taito-ku 110-8615, Tel: 03-5246-1116

https://www.city.taito.lg.jp/kurashi/foreigner/jigyoannai/life_news.html

The City Office offers multilingual interpretation services via tablet devices. Please inquire about this at the service window you visit for procedures.

The hours these services are available differ depending on the language.

<https://www.city.taito.lg.jp/kurashi/foreigner/sodan/sodan.html>

Supported languages: English, Chinese, Korean, Spanish, Portuguese, Vietnamese, Nepali, Filipino (Tagalog), Thai, French, Russian, Hindi, Indonesian, Khmer, Burmese and Malay.



Please check the hours these services are available here



Undergo Health Checkups and Cancer Screenings

It is vital to undergo regular checkups to protect your health. The city conducts health checkups and cancer screenings.

The types of checkups you can receive differ according to your health insurance plan and age. Please check the following table or access the website using the 2-D code at right to see which checkups you are eligible for.



You can also access the website by scanning this code.

1. Receive Health Checkups

Checkup name	Eligibility	Where to make reservations
Comprehensive health checkup	Residents 40 years old and older who are enrolled in Taito City National Health Insurance, the Latter-Stage Elderly Health Care System, or are receiving public welfare assistance for everyday living (checkup tickets will be sent to those who are eligible).	Designated medical institutions in the city
Public health exams	Residents of the city who are 15 years of age and older but under 40 that do not have the opportunity to receive a health checkup	Health Service Section Call or apply online on the website
Basic dental checkup / dental checkups for those 20 years of age	City residents who are 20, 30, 35, 40 to 55, 60, 65, 70, 75, 80 and 85 years of age (Notifications will be sent to all those eligible.)	Designated medical institutions in the city
Glaucoma checkup	Residents who are 60 years of age as of March 31, 2027	Designated medical institutions in the city

2. Receive cancer checkups (early detection and treatment is the key)

Screening name	Eligibility	Where to make reservations
Stomach cancer screenings	City residents 50 years of age and older who will be an even-numbered age on March 31, 2027	Designated medical institutions in the city
Lung cancer screenings	City residents 40 years of age and older Note: Can be received along with the comprehensive health checkup	
Colorectal cancer screenings		
Cervical cancer screenings	Female city residents 20 years of age and older who will be an even-numbered age on March 31, 2027	
Breast cancer screenings	Female city residents 40 years of age and older who will be an even-numbered age on March 31, 2027	

Note: A checkup ticket and notification will be sent to all those eligible. Please note that the period will vary depending on the checkup.

Inquiries: Health Service Section, **Tel:** 03-3847-9481

Higher Vocational Training Promotion Loan Program for Single-Parent Households: Residential Support Funds

This program offers interest-free loans for rent money to single parents who want to find a job or switch jobs to increase their earnings.

Note: Individuals who find a job or switch to a job that pays more than their old one within one year of receiving the loan, work in said workplace continuously for one year, and complete a prescribed procedure will be exempt from repaying the loan.

Residential Support Funds:

Maximum loan amount: 70,000 yen per month

Maximum loan period: Twelve months

This program can be used in conjunction with other programs (Housing Support Benefits, etc.)

Eligibility:

- (1) Individuals receiving child support allowances
- (2) Individuals who have received program creation support from the Childcare Support Section of the city office

(3) Individuals in one of the four situations noted below:

1. Currently unemployed and looking to find work
2. Looking to switch to a job with a higher salary
3. Looking to obtain a higher salary from his/her current workplace (working longer hours, receiving compensation for gaining qualifications, etc.)
4. Looking to switch to a job that leads to more stable employment (e.g., switching from day labor to a permanent position, etc.)

There are other conditions that must be met. Please call the number below for more information.

Inquiries:

Daily Life Support Desk, Taito City Council of Social Welfare

Tel: 03-5828-7547



Higher Vocational Training Promotion Loan Program for Single-Parent Households

Interest-free loans are available to single parents to help them pay the entrance fees for vocational schools and to prepare for finding employment after they acquire qualifications.

Note: If you find a job in Tokyo that requires the qualification you acquired within one year of acquiring it, and continue to work in that job for five years, you will be exempt from repaying the loan after completing a certain procedure.

Entrance fees: Up to 500,000 yen (covers admission fees, learning materials, transportation, etc.)

Employment preparation fees: Up to 200,000 yen (covers fees for moving, uniforms, work supplies, etc.)

Eligibility: Single parents who are raising a child under twenty years of age (must meet the requirements below).

- (1) Individuals who receive the Taito City training promotion allowance
- (2) Individuals who are expected to be exempt from repaying the loan (please see the note at left)

There are other minor requirements, so please contact the city office for more information.

Inquiries: Daily Life Support Desk, Taito City Council of Social Welfare

Tel: 03-5828-7547



Come Take Part in Neighborhood Association Activities!

Neighborhood associations are resident organizations that promote exchanges among the people of the community and work together to create safe and comfortable neighborhoods. Neighborhood associations are always happy to welcome new participants.

Here are some neighborhood association activities.

Purpose	Activity
Help each other in times of need	Earthquakes, heavy rains and other disasters are becoming more frequent in Japan. It is vital to maintain relationships with your neighbors so that every resident, Japanese and foreign, can help each other in times of trouble.
Disaster preparation drills	Some neighborhood associations conduct disaster preparation drills (for earthquakes, typhoons, etc.) such as safe evacuation training. Practice together with the people near you!
Preparations for disasters	Some neighborhood associations have prepared water, food and toilets that can be used even if the water supply is cut, and other disaster preparation measures.
Child safety	Neighborhood association members stand on the street to check for safety to ensure that children can commute to and from school safely every day.
Neighborhood safety (crime prevention patrols)	Neighborhood association members patrol the town to check for safety and prevent accidents and crimes. If there is an accident, everyone is notified.
Cleaning	Community cleanup, recycling, collection of resources, etc.
Festivals and other events	There are many events such as the Bon-odori, portable shrine parades of festivals, New Year's mochi-making, and field days.

Anyone is welcome to join, so just ask a neighbor for more information. You can also consult with the city office.

Inquiries: Residents' Affairs Section, Tel: 03-5246-1122

Inquiry hours: 8:30 a.m. to 5 p.m. except for Saturdays, Sundays, national holidays and during the year-end/New Year's holiday period (unless otherwise stated)

Children's Clubs

Children's Clubs are places where elementary school students can spend time and play after school hours. They are open until 6 p.m. (until 7 p.m. for extended hours)

Elementary school students that are Taito City residents and have no parents/guardians to watch them after school are eligible. Applications for FY2026 are accepted at any time.

The capacity is set for each club. When there are no vacancies, children will be placed on a waiting list. Please inquire for more details.

Inquiries: Children Subsection, Child & Youth Development Section

Tel: 03-5246-1235

About Children Halls

Children halls are facilities for kids up to eighteen years of age and their parents/guardians that offer playrooms and library rooms. They're fun places to spend time together.

Opening hours are from 9:30 a.m. to 6 p.m.; closed on Sundays and national holidays (excluding May 5).

Name	Location	Telephone
Senzoku Children Hall	3-20-6 Senzoku, Taito City	03-3874-1714
Tamahime Children Hall	2-22-13 Kiyokawa, Taito City	03-3874-6571
Taito Children Hall	1-11-5 Taito, Taito City	03-3832-8493
Ikenohata Children Hall	2-3-3 Ikenohata, Taito City	03-3823-6644
Matsugaya Children Hall	4-15-11 Matsugaya, Taito City	03-3841-6734
Imado Children Hall	1-3-6 Imado, Taito City	03-3876-1656
Kotobuki Children Hall	1-4-5 Kotobuki, Taito City	03-3844-8602
Yanaka Children Hall	5-6-5 Yanaka, Taito City	03-3824-4043

Inquiries: Youth Subsection, Child & Youth Development Section, **Tel:** 03-5246-1342
Children Division, Taito City Social Welfare Corp., **Tel:** 03-5603-2229



Gaining Admission to Municipal Kindergartens, Licensed Kodomoen and Licensed Nursery Schools

Application methods, conditions and timing will vary depending on the facility you wish to apply to and the time of year. If you want to enroll your child in one of these facilities, please gather information as early as possible.

Admission applications are accepted at any time for facilities with vacancies. Please ask about enrollment capacity status.

1. Municipal kindergartens, licensed kodomoen (short-time care)

These facilities are for children between three and five years old, and the children stay at a facility for about five hours a day. There is a summer vacation period.

Recruitment for April enrollment will begin in early November.

We distribute the application guide and other information for the new school year around the end of October. You can also download the application guide from our website.

Inquiries:

For municipal kindergartens: Educational Affairs Subsection, School Affairs Section, **Tel:** 03-5246-1412

Licensed kodomoen (short-time care): Kodomoen Subsection, School Affairs Section, **Tel:** 03-5246-1414

2. Nursery schools, licensed kodomoen (long-time care)

These facilities provide childcare when parents/guardians are unable to care for the child at home due to employment, illness, or other reasons.

These facilities are for children up to five years old, and the children stay at the facility for eight to eleven hours a day.

Recruitment for April enrollment will begin in early October. For more information, please check our website or at the city office around the end of September.

Inquiries: Certification and Admission Subsection, Childcare Section, **Tel:** 03-5246-1234

About National Health Insurance

☐ The National Health Insurance System

- Foreign nationals who will be staying in Japan for more than three months must join a public health insurance system such as National Health Insurance (NHI). If you have not enrolled in a public health insurance system yet, please contact the city office. (Depending on your status of residence, you may not be eligible for NHI.)
- We will send you your qualification certificate via postal mail once you complete the enrollment procedure.
- Be sure to write your room number and names of all the people in your household as noted on your mailbox.
- You only have to pay 30 percent of the total medical fees if you present your qualification certificate or My Number health insurance card (My Number card with health insurance card function activated) at the hospital/clinic when receiving treatment for illnesses or injuries.

☐ File a notification whenever there are changes such as:

- When you move within Japan or move out of Japan
- When you enroll in health insurance at your workplace

☐ Integration of My Number cards and health insurance cards

- Health insurance cards were integrated into the My

Number card on December 2, 2024. Please visit the website for more information.



Inquiries: Eligibility Subsection, National Health Insurance Section

Tel: 03-5246-1252

☐ Pay your health insurance premiums

- After you complete enrollment procedures, payment slips stating your health insurance premiums will be mailed to your home. Please bring the payment slip with you and pay at a bank or convenience store by the deadline.
- If you are unable to pay your premiums for some reason, please consult the city office as soon as possible. If you do not come in for a consultation, you may be required to pay all medical fees, or your assets such as savings and wages may be seized. It may also affect your visa renewal status.
- You can pay National Health Insurance premiums via bank transfer. Please contact us if you would like to do so.

Inquiries: Health Insurance Premium Subsection, National Health Insurance Section

Tel: 03-5246-1256

About the Taito City Consumer Life Center

Ask for advice in these situations!

- You encountered trouble when purchasing something.
- You were charged for a product or service that you did not purchase.
- An accident occurred when using a product.

● Who can use this service?

Anyone who lives, works or goes to school in Taito City

● Consultation days and hours

Monday to Friday (excluding national holidays and the year-end/New Year's holidays)
9 a.m. to 4 p.m.

● Consultation procedures

Call or come to the Taito City Consumer Life Center

Tel: 03-5246-1133

Location: Residents' Counseling Section (No. 7 service counter, Taito City Office 9F)

- Consultation is free of charge. All matters are kept strictly confidential.

Inquiries:

Consumer Desk, Residents' Counseling Section

Tel: 03-5246-1144



You can also access the website by scanning this code.

Removal/Relocation of Illegally-Parked Bicycles

Bicycles illegally parked in public spaces such as on the street can block the passage of pedestrians and emergency vehicles. They also diminish the city's appearance. In Taito City, bicycles left on public roads or in other public areas will be removed and kept in accordance with a city ordinance. You will need to pay a removal fee of 5,000 yen when retrieving your bicycle.

Do not leave your bicycle in public spaces. Please park in a designated area such as a bicycle parking facility instead.

Scan the 2-D code below with your smartphone to check information on city-operated bicycle parking lots and the like.



Service Counters Open on Second Sundays for Partial Services

Hours: 9 a.m. to 5 p.m.

Location: Taito City Office 1F

Services available:

- Matters related to family registry notifications
- Issuance of residence records, personal seal registration certificates, and family registry certificates
- Matters related to notifications of moving in/out and National Health Insurance enrollment
- Matters related to personal seal registration and annulment
- Payments for taxes or health insurance premiums and matters related to motorcycle registration
- Matters related to various childrearing allowances and medical subsidies for children
- Matters related to applications for and issuance of Individual Number cards
- Matters related to applications for and issuance of special permanent resident certificates
- Consultation on tax payments and health insurance premiums
- Matters related to issuance of residence tax (tax exemption) certificates
- Matters related to issuance of a *Mother and Child Health Handbook*
- Sales of one-month ticket, coupon tickets and one-day ticket for the Taito City Circular Route Bus, Megurin

Searching for a Hospital?

◆ Phone

You can search for a hospital through Himawari—the Tokyo Metropolitan Health & Medical Information Center.

Languages: English, Chinese, Korean, Thai and Spanish

Hours: 9 a.m. to 8 p.m. **Tel:** 03-5285-8181

◆ Online

You can search for a hospital through the Medical Information Net (NABII).

(Available in English, Chinese and Korean.)
<https://www.iryuu.teikyouseido.mhlw.go.jp>



You can also access the website by scanning this code.

Taito City Night & Holiday Children's Clinic

Medical treatment is available for children fifteen years of age or younger for sudden illnesses that can be handled without hospitalization.

Location: Inside Eiju General Hospital, 2-23-16 Higashi-Ueno, Taito-ku

Note: Please come to the emergency reception desk on the first floor.

Tel: 03-3833-8381

Note: Since you may be directed to a specialized medical facility, please be sure to call in advance.

Hours:

- Monday through Saturday (except on national holidays and during the yearend/New Year's holidays): 6:45 to 9:45 p.m. (treatment from 7 to 10 p.m.)
- Sundays, national holidays, *Obon* holidays (August 14–16), and during the year-end/New Year's holidays (December 29 to January 3): 8:45 a.m. to 9:45 p.m. (treatment from 9 a.m. to 10 p.m.)



You can also access the website by scanning this code.

Some Service Counters Have Extended Hours on Wednesdays

Extended hours: Until 7 p.m.

Available service counters:

Taito City Office (4-5-6 Higashi-Ueno, Taito-ku)

1F: ○ Family Registration Residents' Service Section

2F: ○ Nursing Care Insurance Section

○ Senior Citizens' Welfare Section

○ Handicapped Welfare Section

○ National Health Insurance Section

3F: ○ National Pension Subsection, Residents' Affairs Section

○ Collection Section ○ Tax Administration Section

6F: ○ Childcare Support Section

○ Childcare Section

Residents' Offices

○ Seibu (West) Residents' Office (3-1-30 Shitaya, Taito-ku)

○ Nambu (South) Residents' Office (1-10-12 Kotobuki, Taito-ku)

○ Hokubu (North) Residents' Office (4-48-1 Asakusa, Taito-ku)

Those Who Want to Study Japanese

There are volunteer groups in Taito City that will help you study the Japanese language. You don't need to register or make a reservation; just check the schedule and show up at the time and place the group is meeting. For more information, please visit the city website.

Note: We are also recruiting Japanese-language instructors and other staff.



Please scan this code for more details.

Consultation about Life in Japan

► Foreign Residents' Consultation Center

If you have any problems or concerns, please feel free to consult the Foreign Residents' Consultation Center.

You can talk to a consultant directly on the following days.

Language	Days	Hours
Chinese	First, second and third Thursdays	10 a.m. to noon
English	First and third Thursdays	10 a.m. to noon
Korean	First and third Thursdays	2 to 4 p.m.

Location: Residents' Consultation Office (Taito City Office 1F)

Inquiries: Residents' Consultation Office, Residents' Counseling Section

Tel: 03-5246-1025

Inquiry hours: 8:30 a.m. to 5 p.m. except for Saturdays, Sundays, national holidays and during the year-end/New Year's holiday period (unless otherwise stated)

Ask Questions 24/7!

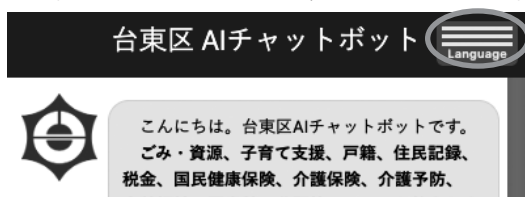
► Try the AI Chatbot

How to Use

- (1) Click the mark at the bottom right of the city website.



- (2) Click the "Language" button on the upper right of the page that opens. Choose your preferred language.



- (3) Ask a question.

Languages available: English, Chinese (simplified and traditional), Korean, Vietnamese, Filipino (Tagalog), Nepali, Thai, French, Burmese, Uzbek, Indonesian, Russian, Mongolian, Ukrainian

Inquiries: Public Relations Section

Tel: 03-5246-1023

Please Have a Look at the Taito City Newsletter



Various notifications from the Taito City Office are written in the Taito City newsletter.

The newsletter can be viewed in various languages, such as English, Chinese (simplified and traditional),

Korean, Thai, and Indonesian if viewed from the city website or smartphone application "Catalog Pocket."

Note: To read via Catalog Pocket, search for "Taito City" after scanning the two-dimensional code and downloading the app.

Inquiries:
Public Relations Section

Tel: 03-5246-1021



Android



iOS

Taito City's Website Is Viewable in Various Languages

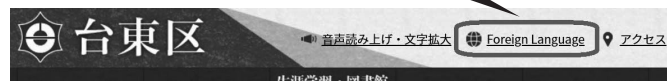
The Taito City website can be viewed in 109 languages.

Languages: English, Chinese (simplified and traditional), Korean, French, Indonesian, Malay, Thai, etc.

► Procedure

1. Click the "Foreign Language" button on the upper right side of the website

"Foreign Language" button



2. Choose a language



Inquiries: Public Relations Section,

Tel: 03-5246-1021

View the Taito City Official YouTube Channel

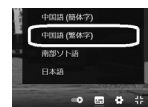
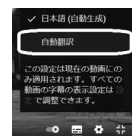
The public relations programs (news) and other videos the city produces are streaming on YouTube. You can display subtitles using YouTube's automatic translation function:



- (1) Click on the caption  button on the bottom right of the video.



- (2) Click on the  button, click on "Subtitles/CC," and then select "automatic translation" and choose a language.



Notes:

1. Only English-language translations are available when playing videos on smartphones and the like.
2. Since the channel uses YouTube's automatic translation function, the translation may not be accurate.
3. Depending on the video, the automatic translation function may not be available.

Inquiries: Public Relations Section, **Tel:** 03-5246-1041